



Wisdom of the World™

NEW YORK MEDICAL CENTER GETS DOSE OF SPIRITUALITY

**Emmy Award-Winning Composer speaks at
Westchester Medical Center**

There is no question that the United States is home to the most advanced medical facilities in the world. But groundbreaking medical treatments and a steady stream of new drugs into the marketplace has healthcare practitioners wholly focused on the quantity of life and not the quality - a perspective which Emmy-award winning composer Gary Remal Malkin is shifting with his CD and book set ***Graceful Passages***.

Graceful Passages, which combines original film-quality music with the spoken word recordings of humanitarian leaders such as Reverend Alan Jones, Ram Dass, Thich Nhat Hanh, and Rabbi Zalman Shacter-Shelomi, has convinced tens of thousands that audio tools can be a powerful means of bringing greater compassion to the healthcare industry. In fact, Health care professionals have reported that *Graceful Passages* is "**one of the most significant contributions to the new field of 'non-pharmacological interventions' for the alleviation of fears associated with illness and end of life**".

Malkin will be speaking to students at New York Medical College during grand rounds on February 15th, encouraging students to consider utilizing personal writing, song and audio tools to add a spiritual dimension to their work while reducing stress and fear associated with unresolved grief and loss. That Malkin's music and message is going beyond Santa Fe-style spiritualists and into traditional medical schools is proof of the growing movement to infuse healthcare with spirituality.

The second release of Wisdom of the World's CD series, *Care for the Journey*, is designed to reinforce the importance of self-care among caregivers. *Care for the Journey*, which will be released in April and is currently accepting prerelease orders. 500 units have already been purchased to be distributed to Nurse Executives at the upcoming Chicago Nurse Leadership Conference.

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